

MMBC Cross Country 2015/16 Round 4 - Arrasey

Result showing lap times

Rank	No	Name	Category	[Cat]	Time	Gap	Laps	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
Senior Elite													
1	99	Nick Corlett	Men	1	0:56:38		5	11:06	10:58	11:27	11:48	11:21	
2	4	Elliot Baxter	Men	2	0:56:42		5	10:55	11:11	11:25	11:48	11:24	
3	153	Alex Rockwell	Men	3	1:01:05		5	11:59	11:49	12:13	12:28	12:38	
4	37	Simon Skillicorn	Men	4	1:03:59		5	12:24	12:28	12:48	13:06	13:15	
5	204	Liam Mazzone	Men	5	1:07:42		5	13:15	13:21	13:41	14:00	13:27	
6	201	Gary Kirby	Men	6	1:10:29		5	13:31	14:00	14:13	14:38	14:09	
Senior Expert													
1	191	David Curtis	Men	1	0:54:16		4	13:14	13:21	13:42	14:01		
2	230	Jeff Plowman	Men	2	0:57:54		4	14:15	14:06	14:41	14:54		
3	211	David Griffin	Men	3	0:59:25		4	14:20	14:47	15:04	15:15		
4	215	Ronan O' Toole	Men	4	1:01:59		4	14:28	14:38	16:02	16:52		
5	187	Stephen Kelly	Men	5	0:14:33		1	14:33					
Senior Sport													
1	212	Jim Callister	Men	1	0:42:32		3	13:45	14:19	14:29			
2	16	Shaun Cannan	Men	2	0:42:34		3	14:05	14:25	14:05			
3	192	Richie Cryer	Men	3	0:44:58		3	14:40	15:26	14:53			
4	214	Kevin Gelling	Men	4	0:45:56		3	15:18	15:06	15:33			
5	216	Ian Kelly	Men	5	0:47:45		3	15:43	16:00	16:03			
6	209	Bob Kinvig	Men	6	0:50:20		3	16:39	16:46	16:56			
7	53	Peter Hounsell	Men	7	0:51:48		3	17:10	17:22	17:17			
8	170	Andrew Leece	Men	8	0:53:03		3	17:38	17:23	18:03			
9	127	James Kermode	Men	9	0:53:40		3	17:26	18:12	18:03			
10	125	Toby Flack	Men	10	0:55:38		3	18:21	18:33	18:45			
11	207	Nic Stuber	Men	11	0:57:19		3	19:39	18:34	19:06			
12	176	Neil Morrison	Men	12	0:41:31		2	17:53	23:39				
Senior Novice													
1	189	Jeff Shipsides	Men	1	0:36:23	---	2	18:03	18:20				
2	159	Neil Garlick	Men	2	0:36:47	+00:24	2	18:32	18:15				
3	190	Jason O'connor	Men	3	0:37:01	+00:38	2	18:30	18:31				
4	203	Jason Barber	Men	4	0:40:16	+03:53	2	20:32	19:45				
5	178	Andy Clegg	Men	5	0:40:50	+04:27	2	20:14	20:36				
6	133	Quintin van Dyk	Men	6	0:41:09	+04:46	2	20:32	20:38				

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7	129	Emily Looker	Wmn	1	0:44:09	+07:46	2	21:41	22:28				
8	206	Errol Larson	Men	7	0:47:09	+10:46	2	22:28	24:41				
9	208	Sean Davey	Men	8	0:47:10	+10:47	2	21:09	26:02				
10	48	Jonathan Hebden	Men	9	0:59:25	+23:02	2	28:31	30:54				

Number of results: 33