

Manx Timing Solutions - Fitting Wrist & Ankle Tags for events

You will be issued with a waterproof enclosed timing tag and velcro fitting strap as shown. Please follow these simple instructions for fitting them!



Gently peel back the velcro strap so that it is extended as shown:



Now peel the velcro away from the neoprene and thread the velcro up and over the tag through the loops on the tag as shown:



Now you can fix the whole strap and tag around either your wrist or ankle: You will be advised which option is most appropriate for the event. In general, for running & cycling, the ankle is normal but, for some walking events, we will advise the wrist.

Please follow the recommendation for your event - otherwise you may not get a time!

Please DO NOT attempt to thread the whole neoprene strap through the tag mounting loops as this puts stress on the tag and also makes it very difficult for us to remove.

Finally - PLEASE return your tag straight after the event. Or drop off to the organiser or "Up&Running" the next day if you do not start. We are often preparing for the next event straight afterwards and it is very time-consuming trying to chase non-returned tags.

Thank you....

This picture shows the assembled tag ready for attachment.

