



KPMG Promenade Relay 2019 Marine Drive

Friday 28 June 2019
Marine Drive Archway, Douglas



Manx Diabetic Group

An Isle of Man registered charity, whose primary role is to help all Type 1 & Type 2 diabetics on the Isle of Man and ensure they receive the best care and treatment possible.



Event Information

The KPMG Promenade Relay 2019 is being staged in support of the Manx Diabetic Group, an Isle of Man registered charity, whose primary role is to help all Type 1 & Type 2 diabetics on the Isle of Man and ensure they receive the best care and treatment possible.

The Manx Diabetic Group is raising money and awareness for Monitors4Kids, a parent-led campaign with the aim of raising money to end finger-prick blood testing in children, with newer, painless technology. The money raised aims to provide children in the Isle of Man with sensors, which will enable monitoring of blood sugar levels on a mobile phone or handset – and alerts parents when levels dip dangerously low.

All entry fees for the KPMG Promenade Relay event will be donated to the Manx Diabetic Group. We have also included a sponsorship form on the last page of this document and we would be immensely grateful if you could help us raise as much money as possible for this very worthy cause!

Race entry

To enter the race, please visit my5.raceresult.com/119909. Online entries only. Entries close on Thursday 27 June 2019 at 7pm.

Please note, this year the race will begin and end at Marine Drive Archway.

Competitors are encouraged to use the free shuttle bus service from the Sea Terminal to avoid traffic and parking congestion in the area.

Team entries

Pre-race sign on from 5pm:

- Teams will be timed using timed baton technology, provided by Manx Timing Solutions.
- It is essential that the first runner from each team attends the sign on tent at the Start/Finish line, located at Marine Drive Archway.
- Each team has a specifically allocated baton which they must pass to their team members within the transition zone at the Start/Finish line.
- Please note, it is essential that you retain the baton issued to you, as it has been pre-programmed with your team's details.

The race:

- The race will start at 6:00pm from Marine Drive Archway.
- For teams of 4 people, each team member will run one leg, from Marine Drive Archway and back (2.5km each).
- For teams of 2 people, each team member will run two legs, from Marine Drive Archway and back twice (5km each).
- All runners will start and finish at Marine Drive Archway.

Post-race:

- Please place your batons in the collection bin provided at the finish line as they are expensive.
- The prize presentation will take place at around 7:45pm at Marine Drive Archway.

Solo entries

Pre-race sign on from 5pm:

- Solo runners will be timed using chips which can be attached to their shoe laces with cable ties. (Cable ties will be provided)

The race:

- Solo runners will set off at the same time as the main relay event (6:00pm). They will run two legs from Marine Drive Archway and back (5km).
- All runners will start and finish at Marine Drive Archway.

Post-race:

- Our marshals at Marine Drive Archway will help you remove the chips and cable ties at the end of the race.
- Please place the timing chips in the collection bin provided at the finish line as they are expensive.
- The prize presentation will take place at around 7:45pm at Marine Drive Archway.



Race timing

Manx Timing Solutions will time the event using chipped devices. The system is very easy to use with timing mats located at each end of Marine Drive, which will be clearly marked and marshalled.

Marshals

Please note that Marine Drive will be closed to vehicles; however, it will remain open to the public so please be mindful of other users, especially children.

The race will be clearly marked with cones and barrier tape at the start/finish and at the turning point. There will be clearly recognisable marshals in place throughout the event.

Please listen to any instructions given by marshals, as they will be assisting with the security of both the competitors and the public.

First Aid

St. John Ambulance will be present throughout the event to provide first aid cover.

Transport

A free shuttle bus will be provided from the Sea Terminal to Marine Drive to transport runners from 5:00pm and return to the Sea Terminal from approx 8:00pm.

No specific parking will be provided on Douglas Head; however, ample public parking is located nearby.

Competitors are encouraged to use the free shuttle bus service from the Sea Terminal to avoid traffic and parking congestion in the area.

Photographs

Please be aware that photography and filming will take place during this event.

By attending/participating in the event, you give your consent to having your photograph and video taken at the event, which may be used for press releases and printed publicity, and may be published online.

KPMG LLC reserves the right to use any and all participants' names and/or likeness with regard to promotional and/or advertising materials.

2019 Sponsors:





A campaign to fund continuous glucose monitoring for type 1 diabetic children in the Isle of Man



Tom Clague, aged 12

"With CGM my dad doesn't have to keep pulling me off the football pitch to do a finger prick test. Instead, he can watch me play rather than worry about my blood glucose, and check on his phone to see what my levels are."

Cian Peers, age 12



Ralph Allen, aged 5

David Allen, parent of five year old Ralph: "One of my first thoughts following Ralph's diagnosis was of how difficult it would be for him to do the "normal" things that his nursery, and later school friends would be doing without stopping and starting for finger pricks, corrections, etc.

"Having a CGM makes life immeasurably easier. Now five, Ralph is constantly discovering new sports and activities, going to a seemingly endless stream of birthday parties and is intent on recreating the songs and dances from The Greatest Showman at every opportunity! Only in exceptional circumstances – highlighted to us by his CGM – do we need to interrupt any of these things and that makes him, and subsequently us, very happy indeed."



KPMG Promenade Relay 2019

Marine Drive



Friday 28 June 2019
In support of the Manx Diabetic Group

 paypal.me/promrelay2019

Deposit sponsorship money and donations via the above link.

Sponsorship form

Team name _____

Competitor name _____

Company name (where applicable) _____

No.	Sponsor	Donation
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		

No.	Sponsor	Donation
16		
17		
18		
19		
20		
21		
22		
23		
24		
25		
26		
27		
28		
29		
30		
31		
32		
33		
34		
35		
36		
37		
38		
39		
40		

Sponsored by

